

The Siskin
Hospital

Spirit

April/May 2024

"I go to nature to be soothed and healed, and to have my senses put together." -John Burroughs

www.SiskinRehab.org



Siskin Hospital for Physical Rehabilitation

Main Campus:

One Siskin Plaza
Chattanooga, TN
37403

www.SiskinRehab.org

423.634.1200

Siskin Outpatient Therapy Sites:

Cleveland
East Brainerd
Downtown
(Main Campus)
Hixson
North River YMCA
Ringgold, Georgia

Please call 423.634.1720 to schedule your outpatient appointment and visit our website for information about our many services, programs, and support groups.

The Spirit is produced by the Marketing Department at Siskin Hospital.

We are Caring People. Changing Lives.®



Matt's message

by Matthew A. Gibson
Ph.D., FACHE
President & CEO

For many of us, the month of March will always mean the hope of spring. Additionally, spring brings a sense of hope for better things – more daylight, warmer temperatures, and emerging flowers and wildlife. Because of this, spring has become synonymous with renewal. At Siskin Hospital, hope is present every day, and with every encounter.

It is hope that our patients and their family members express in the beginning as they come into the hospital. Many patients come to us unable to walk, talk, or swallow. They are scared for the future and long for independence and mobility. Many long to visit with their children, grandchildren, and pets. For Cellie, whose

story of recovery is in this issue of *SPIRIT*, the longing – her driving force - was to return to her home in Morning Pointe.

As patients begin to work with our physicians, therapists, nurses, and support associates, they express their hopes. Over the next several days, you can see their countenance change dramatically. Fear and dread are replaced with determination, and we begin to see smiles and a glint of real happiness as they realize their own progress and begin to believe in a new beginning.

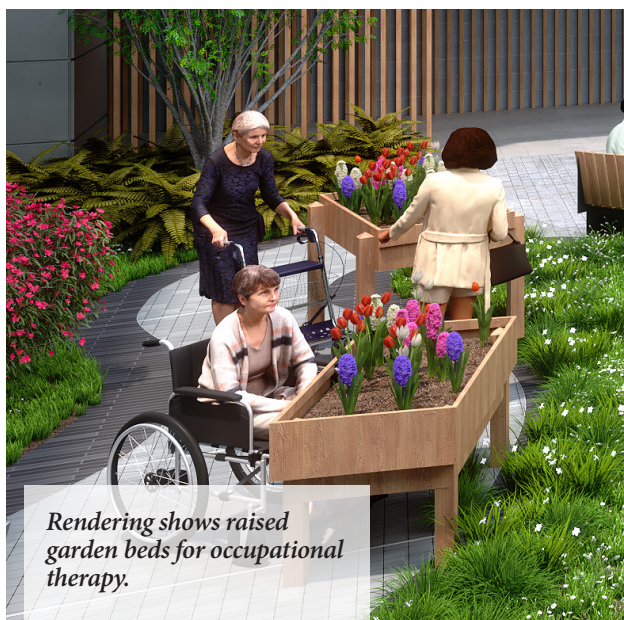
We are proud to share stories of hope and recovery, like Cellie's, because many of you are partners in our goal to create a working and healing environment characterized by caring and driven by the determination to return our patients to the healthiest, most productive life possible.

Thank you for your charitable investment in Siskin Hospital and the hopes of the patients we serve.

Matthew Gibson

Celebrating National Garden Month

In 1986, President Reagan signed a proclamation recognizing April as National Garden Month, and for many of us, the reasoning is clear. All gardeners know the innumerable benefits that gardening brings. At Siskin Hospital, we also know the many benefits of



Rendering shows raised garden beds for occupational therapy.

gardening. This is why our new Healing Gardens will feature raised garden beds. These raised beds will be wheelchair accessible and used by occupational therapists as a therapeutic activity, helping patients meet their therapy goals.





Generosity that changed a life

The legacy of Mose & Garrison Siskin

In February, David Binder, Mose Siskin’s grandson, received a call with a story no one in the family had heard. The call came from a gentleman in Bronxville, NY, who said he met Mose and Garrison Siskin sixty-five years ago at a seminal time in his life. We are pleased to share his story:

During 1959 and 1960, Bill Jaffe was living in Philadelphia, where he grew up, and working a summer job as a waiter at Grossinger’s Catskill Resort, near Liberty, New York. The resort had a history of wooing celebrity guests like Debbie Reynolds, Eddie Fisher, Elizabeth Taylor, Jackie Robinson, and Robert Kennedy, but for young Jaffe, two men stood out – Mose and Garrison Siskin.

Jaffe recounts that both men were charming and lovely people who were interested in everyone around them. After learning that their waiter was working to earn money to put himself through medical school, Mose and Garrison each tipped their waiter \$500, during both summers. “Because of their generosity, I was able to pay my tuition,” he explained.

Jaffe went on to say the influence of the brothers allowed him to make career choices he might otherwise not have made. The Siskins talked of their friend, Dr. Howard Rusk, Chairman of the Department of Physical Medicine and Rehabilitation at New York University’s College of Medicine. Dr. Rusk is widely considered “the father of rehabilitation medicine.”

Following medical school, Jaffe served in the military for two years before completing a residency at the Hospital for Joint Disease, now NYU Langone Orthopedic Hospital, and a fellowship with Sir John Charnley, who performed the first total hip replacement, followed by fellowships at Harvard and MIT. His career choices put him on the forefront of adult reconstructive surgery.



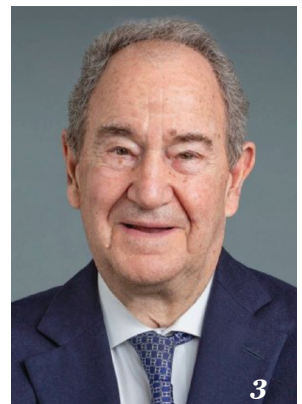
Above: Grossinger’s, 1976/ John Margolies, Library of Congress Public Domain.
Left: Dining Room inside Grossinger’s.

Today, William Jaffe, M.D., is the Vice Chair and Clinical Professor of the Department of Orthopedic Surgery at NYU Grossman School of Medicine. His prestigious career has afforded him opportunities he never dreamed possible, including the opportunity to endow a professorship in adult reconstruction. The William and Susan Jaffe Professorship allows NYU to attract and maintain the top talent in the field.

As he reflected on his success, he made a point to reach out to his son, Douglass, CEO of a corporate security company based in Hong Kong, to find the Siskin family, tell his story, and express his gratitude.

Dr. Jaffe, we are so grateful that you did!

*William “Bill” Jaffe, M.D.
Vice Chair and Clinical Professor
at NYU Grossman School of
Medicine.*





A Drive to Succeed

The team at Siskin Hospital witnessed her drive when Cellie was 100 years of age and came to Siskin following surgery for a broken hip. Her son, Jack, says that when she decided to put in the effort, she walked so much she impressed hospital associates.

This time was a bit different since, according to Ally, “When she first got to Siskin Hospital, Cellie was requiring supplemental oxygen and was only able to walk 75 feet before needing to sit and rest. Her oxygen levels would drop if we trialed her on room air.”

After a brief return to Erlanger, Cellie began to improve tremendously, medically. Feeling better, Cellie’s remarkable drive returned.

“Each day, she started to walk further,” Ally says. “She loved walking. And still never complained of hip pain.” Ally added that she sees a lot of hip fracture patients and pain is often a huge barrier.

“Whenever I asked Cellie if her hip was hurting, she would say ‘No pain, maybe a little discomfort.’”

“By the time Cellie graduated from Siskin Hospital, she was walking 300 feet with a walker and going up and down 4 steps all by herself without oxygen, and with a smile on her face,” says Ally. “She always gave 100%.”

Once more, we had witnessed her drive.

Congratulations, Cellie! You did it, and we’re so proud.

At 103 years of age, Cellie’s goal was to get home to Morning Pointe in Ooltewah for New Year’s Eve; and she did it! She “graduated” from Siskin Hospital on December 28th with a small smile for the associates who cheered for her. It was a far departure from how she arrived at Siskin Hospital.

According to Cellie’s physical therapist Ally Dunlay, PT, DPT, “Cellie was used to being very independent and having a mobility restriction was tough for her.” Ally continued, “Physically, she was one of the most mobile post hip replacement patients I have ever had. She never complained of hip pain - ever.” Perhaps her tolerance for pain came from her upbringing on a farm in Virginia, or maybe her parents and the farm instilled in her a drive to succeed.

That drive was evident when she left home at age 19 to live in Washington D.C. and attend Strayer Business School; even more so when she took a train to Seattle in December 1947 to work just north of Tokyo for the USO.

“You are never too old to set another goal or to dream a new dream.”

- C.S. Lewis

Paying tribute through

More and more people are taking advantage of the naming opportunities within the Healing Gardens at Siskin Hospital to pay tribute to loved ones. In addition to many elements throughout the five gardens, such as benches, sculptures, trees and bricks, we are pleased to announce the following named areas:



Grady's Garden

When we lost our friend, Grady Williams, we were not surprised at the outpouring of gifts to memorialize him through a named Healing Garden. In late October 2023, we broke ground on Grady's Garden, the largest of the five Healing Gardens at Siskin Hospital. We look forward to a ribbon cutting on this beautiful therapeutic garden this summer.

Clarence E. Harris Pavilion

Many have remarked on the iconic pavilion within Grady's Garden designed by Tinker Ma (also known for the architecture for The Flying Squirrel). We are pleased to announce this pavilion will pay tribute to long-time Chattanooga resident and business owner, Clarence E. Harris. This memorial tribute was made by his family through the Clarence E. Harris Foundation. *(Photo top right)*



Bobbie F. Harris Healing Garden

Previously known as the Terrace Healing Garden, this garden will be known for the bright and charitable woman who has supported so many area nonprofits and charitable initiatives through both the Clarence E. Harris Foundation and the Bobbie F. Harris Foundation. This honorarium was made by the Harris family and Foundation board. *(Photo bottom right)*



Sue Harper Healing Garden

Outpatient Therapy patients at our downtown location and Fitness Center members know the Health & Fitness Center Terrace well. It not only serves as an additional therapy location, it provides a restful place after a good workout with its view of the lower Courtyard. We look forward to the near future when this area is transformed into a Healing Garden and named in memory of our dear friend, Sue Harper.



Pam McKenney Rose Garden

Pam McKenney became a friend to the hospital during her stay. From that point forward, she and Rick have continually supported the hospital and our charitable initiatives. In honor of Pam's recovery, her family has chosen to name the Rose Garden after her. *(Photo middle right)*

Regions Bank Rain Garden

We are grateful to Regions Bank for their support of the Healing Gardens at Siskin Hospital. This generosity will be remembered perpetually through the Rain Garden, located in the Courtyard Healing Garden. Rainwater will flow through a variety of water-friendly plants in the Regions Bank Rain Garden, providing an environmental aspect to the gardens.

JoAnn Yates Prayer Garden

JoAnn Cline Yates will be forever remembered through a Prayer Garden, located on the west side of Grady's Garden. As one of our community's philanthropists, the location seems fitting since the garden area named for her will provide visitors a place of quiet reflection and connection to their faith. The memorial was made by dear friends.

These are some of the opportunities others have given towards in order to see the Healing Gardens at Siskin Hospital come to fruition. Other opportunities exist. For more information on naming opportunities, contact our Philanthropy office at 423.634.1208.

Introducing our charitable *giving* CIRCLES



PRESIDENT'S CIRCLE

Members of this Giving Circle are friends who demonstrate their commitment to the associates and patients of Siskin Hospital through annual leadership gifts above \$10,000. Our President's Circle participants are honored for their annual commitment in publications and are invited guests of the president at unique social functions.

CIRCLE OF HOPE

This giving circle includes friends who demonstrate their support for the mission and charitable initiatives of Siskin Hospital through annual gifts totaling \$1,000.00 to \$9,999.00. Members of this circle are recognized in annual publications, hospital communications, and an annual event. This circle may collectively fund a Circle of Hope initiative to benefit Siskin Hospital.

LOYALTY CIRCLE

Friends who demonstrate their commitment to the associates and patients of Siskin Hospital through annual gifts of any amount for three consecutive years, and continue in their giving, are recognized as members of the Loyalty Circle in Siskin Hospital's publications. These members are foundational to our continued success in our charitable initiatives.

Siskin Hospital appreciates the generous and consistent gifts made by individuals, foundations and corporate partners who have joined in our mission to provide the highest level of care to patients and their families, regardless of their ability to pay. It is our honor to recognize those who give through a variety of special giving circles.

LEGACY CIRCLE

The Siskin Hospital Legacy Circle has been established to recognize those friends who indicate support to Siskin Hospital through their estate plans or a planned gift. Because their example may encourage others, many have graciously allowed their names to be included in Siskin Hospital publications.

Join the Legacy Circle

When you make a plan to leave an estate gift to Siskin Hospital for Physical Rehabilitation, your gift ensures compassionate care for years to come. As a recognition of your intent, we would like to include you in the Siskin Hospital **Legacy Circle**. The Legacy Circle preserves the ideals of Mose and Garrison Siskin, who created the vision for Siskin Hospital and worked to benefit its future.

We welcome gifts of any amount for the Siskin Hospital Legacy Circle. To join this inspiring membership, please let us know about your intent by completing the revocable gift form included in this newsletter.

Siskin Hospital Revocable
gift form



By remembering

Siskin Hospital for Physical Rehabilitation
in your will or other type of estate plan,
you create a lasting legacy that helps us
advance our mission in service to men
and women suffering from traumatic
illness or injury.

Please share information about your gift below or learn more by calling us at
423.634.1208 or **email klsherrill@SiskinRehab.org**.

CONTACT INFORMATION

Name _____
Address _____
City _____ State _____ Zip _____
Daytime Phone _____ Email _____

TYPE OF GIFT

I (We) have already included Siskin Hospital for Physical Rehabilitation in my (our):

- Will or Living Trust
- Beneficiary Designation - Life Insurance
- Beneficiary Designation - Bank or Brokerage Account
- Beneficiary Designation - Retirement Plan
- Other – please specify _____

HONORARIUM / MEMORIAL

This gift is in Honor of Memory of

DESIGNATION

I would like my estate gift to Siskin Hospital for Physical Rehabilitation to be designated
for the following purpose:

- Capital Expense
- Charitable Scholarship Fund

Restriction

Note: This is not a legal obligation binding me or my estate.



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